

SATURDAY, SEPTEMBER 4TH

Opening the Third Eye: Expanding Awareness & Compassion

Workshop *and* Private Readings *with* Uma Simon



Many people think opening the third eye is just a vehicle for becoming more psychic and seeing all kinds of interesting things about themselves and others. While true, it is much, much more. The third eye is actually the gateway of knowing one's connection to their divine spirit. When one sees from the third eye as opposed to physically seeing, one sees how the former can lead to judgment or discrimination and how the latter opens one to compassion and great awareness.

We will explore the many ways in which the third eye can be opened and utilized for greater spiritual in-sight into ourselves and others. Exercises to accomplish this goal will include *tratak*, a form of intense focus, candle gazing and other third eye meditations. There will also be group interaction and shared experiences. Participants will gain access to their in-sight and learn how to trust their intuitive knowing.

Uma has resided as a devotee at Kashi Ashram in Florida for over 31 years giving personal readings to residents and visitors. Ma Jaya has said, "Uma has the gift of divine insight and speaks the truth." Her sense of humor, breadth of experience and compassion contribute to the popularity of her workshops in New York, Atlanta, California and Miami.

Private Intuitive Readings:

Thursday, September 2nd & Friday September 3rd; \$75 for one hour

Workshop:

Saturday, September 4th, 1–4 p.m. - \$45; Early registration discount by Aug. 25 - \$40

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